



Hello My Name Is Self
*"The Myths and Truths of
Self-Realization"*

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MYTH #1: Knowing myself doesn't change anything... it is what it is.

Proverbs 14:12 ESV- "There is a way that seems right to a man, but its end is the way to death."

"Men can starve from a lack of self-realization as much as they can from a lack of bread." -Richard Wright

TRUTH #1: You most definitely have blind spots of bias and brokenness... the gospel and community are mirrors to show you where you need to change.

I John 1:8 ESV- "If we say we have no sin, we deceive ourselves, and the truth is not in us."

MYTH #2: Knowing myself will bury me under shame and condemnation.

TRUTH #2: The grace and community of the gospel continually exposes my need, but then also continually meets it.

Hebrews 4:12-13 ESV- "For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart. And no creature is hidden from his sight, but all are naked and exposed to the eyes of him to whom we must give account."

Luke 15:14-17 ESV- "And when he had spent everything, a severe famine arose in that country, and he began to be in need. So he went and hired himself out to one of the citizens of that country, who sent him into his field to feed pigs. And he was longing to be fed with the pods that the pigs ate, and no one gave him anything. "But when he came to himself, he said, 'How many of my father's hired servants have more than enough bread, but I perish here with hunger!'"