

Set Your Mind
Zoom Out and Zoom In

Community Group Questions

1. Discuss general impressions/takeaways from the message?
2. In what ways does your “track record” and “lack record” affect your excitement, cynicism, or dread about evaluating your life and/or starting over again in certain areas?
3. Read and reflect on **Colossians 3:2 NIV**—“Set your minds on things above, not on earthly things.”
4. Reflect on this quote: “Zoom out and remind yourself that most of real life is wrapped up in innumerable small decisions. One big choice generally only works out if you continue to make the little choices result from it and are necessary to support it.”
5. Read and reflect on this quote: “Don’t be surprised that you need to start again—that is the nature of life and life in Christ. But if you lose heart, feel shame, give in to cynicism, etc., then you’ll miss the beautiful chance to be honest, to dream again, to offer yourself the same grace that Christ offers you not only on New Years, but every day.”
6. Read and reflect upon **Romans 8:6 ESV**—“For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace.”
7. Reflect on this quote: “We are invited to life and to continually orient our minds towards it, so we should not be surprised that not doing so makes us feel like death.”