



Set Your Mind: Zoom Out and Zoom In

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Track Record

Lack Record

Colossians 3:2 NIV—"Set your minds on things above, not on earthly things."

Zoom Out

Zoom out and remind yourself that most of real life is wrapped up in innumerable small decisions. One big choice generally only works out if you continue to make the little choices result from it and are necessary to support it.

Don't be surprised that you need to start again—that is the nature of life and life in Christ. But if you lose heart, feel shame, give in to cynicism, etc., then you'll miss the beautiful chance to be honest, to dream again, to offer yourself the same grace that Christ offers you not only on New Years, but every day.

II Corinthians 4:16-17 NIV—"Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day. 17 For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all."

Ecclesiastes 9:10b NIV—" 10 Whatever your hand finds to do, do it with all your might..."

Zoom In

I begin to develop new truth based upon my limited circumstances rather than the much bigger picture of creation, God's Word, God's nature, and even my own past experiences when Jesus rescued me.

Romans 8:6 ESV—" For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace."

We are invited to life and to continually orient our minds towards it, so we should not be surprised that not doing so makes us feel like death.

Ephesians 4:20-24 NIV—" 20 That, however, is not the way of life you learned 21 when you heard about Christ and were taught in him in accordance with the truth that is in Jesus. 22 You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; 23 to be made new in the attitude of your minds; 24 and to put on the new self, created to be like God in true righteousness and holiness.